

BERGEN NEW JERSEY *County*



Bergen County Executive
James J. Tedesco III
and the
Board of Chosen Freeholders
with the
Department of Human Services
in collaboration with
Ramapo College of New Jersey
The Krame Center for Contemplative Studies and Mindful Living

Cordially invite you to the

Human Relations Commission Conference

“Building Community Health During Stressful Times”

Featuring Presentations by:

Reverend Willard Ashley, M.Div., D.Min.
Rajinder P. Gandhi, M.D., Pediatric Surgeon

Achieving sustained focus, acceptance, patience, kindness,
balance and enhanced resilience, joy and compassion,
through the practice of Mindfulness and strengthened community awareness.

Tuesday, November 10, 2015

8:30 a.m.—12:00 p.m.

Ramapo College of New Jersey
Trustees Pavilion
505 Ramapo Valley Road • Mahwah, NJ 07430

The Conference is free. CEU credit is available. Light refreshments will be served.

Please RSVP by to Joann at (201) 336-7451 or
e-mail jcoppola@co.bergen.nj.us by Wednesday, November 4th.

James J. Tedesco III
Bergen County Executive

Board of Chosen Freeholders

Dr. Joan M. Voss, *Chairwoman* • Steven A. Tanelli, *Vice Chairman* • John A. Felice, *Chair Pro Tempore*
Maura R. DeNicola • David L. Ganz • Thomas J. Sullivan Jr. • Tracy Silna Zur